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SOURCE Ceasloslovensky Obchod,

FOOD RATIONS LISTED FOR APRIL

BREAD, FLOUR RATIONS UNCHANGED -- Ceasloslovensky Obchod, No 12, 25 Mar 49

The basic rations of bread and white flour will remain unchanged from the previous ration period.

The rations of oat flakes to all consumers, except those who supply grain themselves, will be 250 grams. In addition, children up to 12 receive 375 grams.

The daily milk ration will be as follows (in liters):

Children up to 2	.75
Pregnant women	.75
Children from 2 to 6	.50
Children from 6 to 12	.50
Adolescents from 12 to 20	.50
Adults above 20	.125
Women after childbirth	.50

If enough fresh milk is not available processed whole milk, such as condensed milk, will be issued. One hundred grams of processed whole milk is equivalent to one liter of fresh milk.

Consumers under 20 will receive 150 grams of cheese. Children under 12 are to get 150 grams of cottage cheese in addition.

All consumers will receive 1,500 grams of sugar. Those above 20, who have tickets in black ink, will receive 1,200 grams.

Consumers under 20 are to receive 100 grams each of both chocolate and nonchocolate candy.

A ration of 100 grams of chocolate has been prepared for consumers up to 20 years for the month of May. None may be had until then.

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The following is a table of fat rations for April (in grams):

Consumer	Ration		
	Butter	Lard	Artificial Edible Fat
Children under 6	650		
Children from 6 to 12	650	160	385
Adolescents from 12 to 20	650	160	335
Adults over 20	100	160	520
Working adults over 20	280	160	440
Extra "F" ticket		60	160
Extra "T" ticket		600	180

Egg rations for April will be as follows:

Children up to 6	14 eggs
Children from 6 to 20	10 "
Adults above 20 (holding tickets in black ink)	4 "
Adults above 20 (holding tickets in red ink)	5 "

Eggs may also be had for storing; 15 to 60 eggs may be drawn, depending on the type of ration ticket held. They must be bought before 30 July 1949.

Ceskoslovensky Obchod, No 13, 8 Apr 49

The Ministry of Food has announced a special ration of three eggs for all consumers for the Easter holidays.

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